

# February 2018

## Lake Mills Elementary School Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
	<p>Valentine's Day is February 14<sup>th</sup>!!!</p>		<p>1</p> <p>Sausage and Egg Muffin Sandwich with Cheese</p>	<p>2</p> <p>Chocolate Chip Ultimate Breakfast Bar</p>
<p>5</p> <p>Hot Strawberry Pancakes and Syrup</p>	<p>6</p> <p>Breakfast Burrito</p>	<p>7</p> <p>Strawberry and Yogurt Parfait</p>	<p>8</p> <p>Cherry Frudal</p>	<p>9</p> <p>WG Raised Donut and Cheese Cubes</p>
<p>12</p> <p>Blueberry Waffles and Syrup</p>	<p>13</p> <p>Breakfast Pizza</p>	<p>14</p> <p>Hard Boiled Egg and Goldfish Graham</p>	<p>15</p> <p>Cinnamon Ultimate Breakfast Bar</p>	<p>16</p> <p>Mini Strawberry Cream Cheese Warm Bagel Bites</p>
<p>19</p> <p>French Toast Sticks and syrup</p>	<p>20</p> <p>Egg and Cheese Biscuit</p>	<p>21</p> <p>Blueberry and Yogurt Parfait</p>	<p>22</p> <p>Mini Cini's</p>	<p>23</p> <p>No School</p>
<p>26</p> <p>Pancake and Sausage on a Stick</p>	<p>27</p> <p>Ham and Cheese Toasted Bagel</p>	<p>28</p> <p>Hash Brown Patty and Banana Muffin</p>		

Choose a fruit or 100% fruit juice for a complete breakfast meal.

1% or skim white milk or non-fat chocolate is included with every breakfast meal.

Alternate breakfast choice served daily includes choice of cereal and a graham, fruit and milk

**FREE BREAKFAST MEAL DEAL!**

Fruit or Vegetable must be selected.

**Take at Least 3**

- Protein & Grains
- Fruit and/or 100% Juice
- Milk

Some breakfast items contain both protein and grains, counting as 2 out of the 3 food items.

Make your plate count! By selecting 3-5 smart healthy menu items.

Milk: \$0.30  
Breakfast: \$1.60  
Reduced: \$0.30

This institution is an equal opportunity provider.

