

March 2018

Lake Mills High School Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
1% or Skim White Milk or Non-Fat Chocolate Milk is included with every meal	This institution is an equal opportunity provider.		1 Mini Corn Dogs Baked Beans Peaches	2 Pulled Pork Sandwich Coleslaw Sweet Potato Fries Grapes Meatless Panini Offered Today
5 Baked Balsamic Chicken Rice Green Beans Apples	6 Spaghetti & Meat Sauce Garlic Toast Italian Vegetables Pineapple	7 Ranch Chicken Cheese Bake Peas and Carrots Breadstick Peaches	8 Chicken Fajita Spanish Rice Pinto Beans Mixed Fruit	9 Fish Sticks French Fries Orange Slices
12 Italian Flatbread California Blend Vegetable Melon Mix	13 Sloppy Joe Au Gratin Potatoes Broccoli Mixed Fruit	14 Tater Tot Casserole Green beans Banana	15 Beef Tacos Churro Black Beans & Corn Applesauce	16 Tuna Salad Pita Sweet Potato Puffs Kiwi
19 Chinese Chicken Bowl Brown Rice Oriental Vegetables Egg Roll & Peaches	20 Meatball Hoagie Roasted Zucchini Sticks Pears	21 Cheesy Beef Mac Bake Dinner Roll Cauliflower Applesauce	22 Breakfast for Lunch! Pancakes, Eggs, Hash Brown & Grapes	23 Pizza Hut Day!
26 Spring Break	27 Spring Break	28 Spring Break	29 Spring Break	30 Spring Break Milk: \$0.30 Lunch: \$2.95 Reduced: \$0.40 Adult: \$3.60

Choose Fruit/
Fresh Vegetables
from the Garden
Bar for a
Complete Meal.

Home Slice- Fresh
Homemade Pizza
made daily
Hot Press Panini's-
Made Fresh Daily



L-Caf Canteen
includes:
Hamburgers,
Cheeseburgers,
Chicken Patty's
and Feature Items
Every Day

Fresh Take Items:
Fruit and Yogurt
Parfait, Sub
Sandwiches,
Wraps, Salads
All can be made
into a
reimbursable
meal!

Lunch Examples
So many combos to fit your mood!

Feeling Hungry?
● Vegetable, ● Fruit, ● Protein, ● Grain, ● Milk
● Fruit, ● Protein, ● Grain, ● Milk
● Vegetable, ● Protein, ● Grain, ● Milk

Take as many as 5 items or as little as 3!

Eating Lite?
● Fruit, ● Protein, ● Grain
● Vegetable, ● Protein, ● Grain
● Vegetable, ● Fruit, ● Milk

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If you have any
questions about
our Lunch
Program please
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