

Lake Mills Elementary School Breakfast Menu- October 2017



Choice of 1% or skim white milk or non-fat chocolate is included in every breakfast as well as a choice of 100% juice or fruit

Monday	Tuesday	Wednesday	Thursday	Friday
2 French Toast Sticks with Warm Cinnamon Apples	3 Sausage and Egg Muffin Sandwich with Cheese	4 Breakfast Burrito	5 Strawberry Yogurt and Granola Parfait	6 Banana Chocolate Breakfast Bar and String Cheese
9 Warm Pancakes with Syrup	10 Biscuits and Country Gravy	11 Breakfast Pizza	12 Blueberry Yogurt and Granola Parfait	13 Mini Strawberry Cream Cheese Bagel Bites
16 Mini Waffles and Syrup	17 Egg and Cheese Bagel	18 Pancake Sausage Wrap on a Stick	19 Peach Yogurt and Granola Parfait	20 Toasted Cherry Prudal and Cheese Cubes
23 Honey Graham Crackers and Hash Brown Potato	24 Ham, Egg and Cheese Biscuit Sandwich	25 Chocolate Muffin and Hard Boiled Egg	26 No School	27 No School
30 Cereal Breakfast Bar and Yogurt	31 Mini Cinnamon Rolls			

For questions or comments, contact Cathy Koolman, Food Service Director at:
Catherine.koolman@lakemills.k12.wi.us
 or 920-648-2355 x312

Student Breakfast Prices: \$1.60
 Reduced: \$0.30
 Adult: \$2.20

Choose a fruit or 100% fruit juice for a complete breakfast meal.

Whole Grains: All breads served is whole grain rich!



Alternate breakfast choice served daily includes choice of cereal and graham cracker, fruit and milk.

This institution is an equal opportunity provider.
 Milk: \$0.30

What Makes A Great Breakfast?
 Select 3 Components!

Be sure to choose between
 FRUIT OR FRUIT JUICE

