

Lake Mills Middle School Lunch Menu- October 2017



Monday	Tuesday	Wednesday	Thursday	Friday
2 Grilled Cheese Sandwich Tomato Soup Applesauce Fresh broccoli	3 Corn Dogs Seasoned Potato Wedges Baby carrots Romaine Peaches	4 Crispy Chicken Bowl Steamed vegetable blend Orange wedges Baby spinach	5 Beef Nachos Mexicali Corn Lettuce Salsa Pineapple	6 Pulled Pork Sandwich Parmesan Broccoli Grape tomatoes Kiwi
9 Balsamic Glazed Chicken Sweet potato puffs Pepper strips Pears	10 Beef Lasagna Green beans Apples Spring mix	11 Baked Potato Bar Warm garlic breadstick, Fresh melon mix Romaine lettuce	12 General Tsao Chicken, Brown rice Oriental vegetables Applesauce Banana	13 Buffalo Chicken Wrap French fries Mandarin oranges Celery sticks
16 Chicken Nuggets Au gratin Potatoes Carrot sticks Fruit mix Baby spinach	17 Beef Chili Corn Muffin Applesauce Romaine Cauliflower	18 French Toast Scrambled Eggs Hash Browns Mixed Fruit	19 Chicken Burrito Cilantro Lime Rice Pico de Gallo Pears Lettuce	20 Tuna Salad in a Pita Peaches Celery sticks Serving PIZZA HUT Pizza Today!!!
23 Chicken Noodle Soup Cheese filled Breadstick Spring mix Cherry tomatoes Pineapple	24 Open Face Calzone Italian vegetable blend Kiwi Romaine	25 Beef Tacos Spanish Rice Lettuce Tomatoes Grapes	26 No School	27 No School
30 Fish Filet on a bun Tater tots Coleslaw Baby carrots	31 Baked Ziti Garlic toast Spring mix Grape tomatoes Pears			A trip to the Garden Bar is included with a reimbursable meal.

For questions or comments, contact Cathy Kooiman, Food Service Director at: Catherine.kooiman@lakemills.k12.wi.us or 920-648-2355 x312

Student Lunch
Prices: \$2.85
Reduced: \$0.40
Adult: \$3.60



Home Slice

*Fresh Hot Homemade Pizza made daily.
*sold as ala carte or can be made into a reimbursable meal by adding fresh veggies and fruit and a milk.

L-Cat Canteen

Hamburger, Cheeseburgers and Chicken Patty's made fresh daily. Can be made into a reimbursable meal by adding fresh veggies and fruit and a milk



Fresh Takes



- *Fruit and Yogurt Parfaits
- *Sub Sandwiches
- *Chef Salads
- *Chicken Caesar Salad
- *Protein Platters
- Fresh Fruit Cups
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- *Qualifies as a reimbursable meal

