

Lake Mills Elementary School Lunch Menu – September 2017



Alternate reimbursable meals offered daily are **Fit-Bite Meals** (includes a whole grain bagel or muffin, string cheese, yogurt, fruit, veggies and milk) or a **Bistro Box** (includes fruit, veggie and milk.)

Monday	Tuesday	Wednesday	Thursday	Friday
				1 No School
4 No School	5 Spaghetti and Meat sauce, green beans, apple, baby carrots Bistro Box - Fruit and Yogurt Parfait with Granola	6 Chicken & Rice Casserole, steamed carrots, dinner roll, romaine, peaches Bistro Box - Ham and American Cheese Sub Sandwich	7 Beef Walking Tacos, Mexican rice, refried beans, salsa & banana Bistro Box - Chef Salad with crackers	8 Pepperoni Pizza, roasted broccoli, applesauce, cherry tomato Bistro Box – Pretzel Rods and cheese cubes
11 Hot Turkey Sandwich, mashed potatoes, gravy, California blend, pineapple Bistro Box - Peanut Butter and Jelly Triangles	12 Chicken Parmesan w/Pasta, Italian seasoned vegetable, watermelon Bistro Box - Fruit and Yogurt Parfait with Granola	13 Tater Tot Casserole, dinner roll, peas, mandarin oranges Bistro Box – Turkey and Cheddar Sub Sandwich	14 Sweet and Sour Chicken, brown rice, edamame, applesauce, carrots Bistro Box – Protein Platter(hardboiled egg, cottage cheese, fruit and crackers)	15 Cheeseburger and baked French fries, baby spinach, orange wedges Bistro Box - Cold Pizza
18 Macaroni and Cheese, seasoned green beans, kiwi, cherry tomatoes Bistro Box - Turkey and Provolone Pinwheels	19 Meatball Hoagie, roasted zucchini sticks, fruit mix Bistro Box - Fruit and Yogurt Parfait with Granola	20 Beef Goulash, garlic breadstick, corn, fresh broccoli and dip, pears Bistro Box - Ham and American Cheese Sub Sandwich	21 Chicken Fajitas, roasted peppers and onions, lettuce, tomatoes and grapes Bistro Box - Chef Salad with crackers	22 Chicken Sandwich, sweet potato fries, pineapple Bistro Box – Pretzel Rods and cheese cubes
25 No School	26 Italian Flatbread, marinara sauce, savory vegetable blend, applesauce, baby carrots and dip Bistro Box - Fruit and Yogurt Parfait with Granola	27 Chicken Cheesy Noodle Bake, roasted cauliflower, peaches, cherry tomatoes Bistro Box – Turkey and Cheddar Sub Sandwich	28 Beef and Broccoli Stir Fry, brown rice, red pepper strips, banana Bistro Box – Protein Platter (hardboiled egg, cottage cheese, fruit and crackers)	29 Beef Hot Dog, baked beans, celery sticks, honeydew melon Bistro Box - Cold Pizza

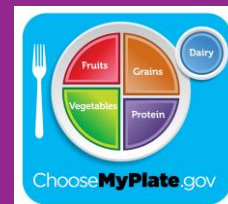


Milk Choice of 1% White, Skim or Chocolate Skim is included with lunch.

This institution is an equal opportunity provider.



For questions or comments, contact the Food Service Director at:
Catherine.Koolman@lakemills.k12.wi.us
 920-648-2355 x 312



Lunch Meal Prices for Students: \$2.75

Reduced: \$0.40

Adult: \$3.60

Milk \$0.30