

Lake Mills School District

Year at a Glance Scope and Sequence for Pupil Services

Overarching Goal of the Curricular Area: Students will be able to effectively understand and apply healthy, social, emotional, behavioral, and academic skills in their lives.

4K Guidance

Unit Theme	Unit Goal	Enduring Understandings for the Unit	Essential Questions for the Unit
SKILLS FOR LEARNING	<p>Students will be able to welcome others.</p> <p>Students will be able to listen.</p>	<p>Students will understand that welcoming others makes them feel included and shows that they care.</p> <p>Students will understand that the more they listen the more they will learn.</p>	<p>Why should we make everyone feel welcome?</p> <p>How will listening help you learn?</p>
EMPATHY	<p>Students will be able to understand they have feelings.</p> <p>Students will be able to show others they care.</p>	<p>Students will understand that everyone has feelings.</p> <p>Students will understand that they can show others they care.</p>	<p>What are some feelings that you have?</p> <p>How can you show someone that you care?</p>
EMOTION MANAGEMENT	<p>Students will be able to name different feelings.</p> <p>Students will be able to know there are ways to calm down when they are upset.</p>	<p>Students will understand that there are many different feelings.</p> <p>Students will understand that there are different ways to calm down when they have strong emotions.</p>	<p>What are some of the feelings you have felt?</p> <p>Why should we calm down when we have strong emotions?</p>
PROBLEM SOLVING	<p>Students will be able to play fairly with others.</p> <p>Students will be able to solve small problems.</p>	<p>Students will understand that playing fair ensures everyone has fun.</p> <p>Students will understand that they can solve small problems.</p>	<p>Why is playing fair important?</p> <p>What are some small problems you could solve?</p>

Lake Mills School District

Year at a Glance Scope and Sequence for Pupil Services
Overarching Goal of the Curricular Area: Students will be able to effectively understand and apply healthy, social, emotional, behavioral, and academic skills in their lives.

Kindergarten Guidance

Unit Theme	Unit Goal	Enduring Understandings for the Unit	Essential Questions for the Unit
SKILLS FOR LEARNING	<p>Students will be able to listen and follow directions.</p> <p>Students will be able to identify what it means to be assertive.</p>	<p>Students will understand that listening and following directions in class helps them and others learn.</p> <p>Students will understand what being assertive looks like.</p>	<p>What would happen if we didn't listen in class?</p> <p>How can you tell if someone is being assertive?</p>
EMPATHY	<p>Students will be able to identify their own feelings.</p> <p>Students will be able to demonstrate compassion.</p>	<p>Students will understand that they have different feelings and are able to identify them.</p> <p>Students will understand that they can show compassion by saying or doing something kind.</p>	<p>Why is it important to identify how you feel?</p> <p>What would happen if we weren't nice to others?</p>
EMOTION MANAGEMENT	<p>Students will be able to identify their feelings.</p> <p>Students will be able to identify different calming down strategies.</p>	<p>Students will understand that they feel different feelings and that is okay.</p> <p>Students will understand that they can use calming down strategies to feel better.</p>	<p>Can you name some of the feelings you have felt?</p> <p>Why should we know how to manage our feelings?</p>
PROBLEM SOLVING	<p>Students will be able to invite others to play with them.</p> <p>Students will be able to name the first step in solving a problem.</p>	<p>Students will understand that playing in fair ways and inviting others to play ensures everyone has fun.</p> <p>Students will understand that they need to calm down before they can solve a problem.</p>	<p>What are some ways you can invite others to play?</p> <p>Why do we have to be calm to solve problems?</p>
BULLYING	<p>Students will be able to identify safe and respectful actions.</p> <p>Students will be able to identify bullying behavior.</p> <p>Students will be able to define what a bystander is.</p>	<p>Students will understand that safe and respectful behaviors make everyone feel good.</p> <p>Students will understand what bullying looks like.</p> <p>Students will understand what a bystander is.</p>	<p>What are some examples of safe and respectful behaviors?</p> <p>What are some examples of bullying behavior?</p> <p>What is the importance of a bystander?</p>

Lake Mills School District

Year at a Glance Scope and Sequence for Pupil Services
 Overarching Goal of the Curricular Area: Students will be able to effectively understand and apply healthy, social, emotional, behavioral, and academic skills in their lives.

1st Grade Guidance

Unit Theme	Unit Goal	Enduring Understandings for the Unit	Essential Questions for the Unit
SKILLS FOR LEARNING	<p>Students will be able to listen, focus their attention, and follow directions.</p> <p>Students will be able to ask for help in an assertive way.</p>	<p>Students will understand that everyone learns better when all students are listening, staying focused, and following directions.</p> <p>Students will understand that they can get help by being assertive.</p>	<p>Why does everyone learn better when all students are listening, staying focused, and following directions?</p> <p>How does being assertive help you?</p>
EMPATHY	<p>Students will be able to identify how their feelings change in different situations.</p> <p>Students will be able to display empathetic behavior by showing compassion.</p>	<p>Students will understand that feelings may change throughout the day.</p> <p>Students will understand that compassion makes everyone feel good.</p>	<p>What influences your feelings?</p> <p>How can you show compassion?</p>
EMOTION MANAGEMENT	<p>Students will be able to recognize feelings in their body.</p> <p>Students will be able to manage feelings and identify calming down strategies.</p>	<p>Students will understand that they can notice feelings in their body.</p> <p>Students will understand that they can use calming down strategies to feel better and begin to solve problems.</p>	<p>What if we didn't know how to understand how we feel?</p> <p>Why should we know how to manage our feelings?</p>
PROBLEM SOLVING	<p>Students will be able to identify the problem solving steps.</p> <p>Students will be able to think of multiple solutions to a problem.</p>	<p>Students will understand that using the problem solving steps can help them with making positive choices.</p> <p>Students will understand that there can be more than one way to solve a problem.</p>	<p>What are some situations that the problem solving steps can be helpful?</p> <p>How have you solved a problem differently than someone else?</p>

<p>BULLYING</p>	<p>Students will be able to identify safe and respectful actions.</p> <p>Students will be able to recognize when they need help from an adult.</p> <p>Students will be able to define what it means to be a bystander.</p>	<p>Students will understand that safe and respectful behaviors help everyone learn.</p> <p>Students will understand that sometimes adult help is needed for a bullying situation.</p> <p>Students will understand the role a bystander can play in a bullying situation.</p>	<p>How do safe and respectful behaviors help us all learn?</p> <p>When is an adult needed in a bullying situation?</p> <p>What roles can a bystander play in a bullying situation?</p>
-----------------	--	--	--

Lake Mills School District

Year at a Glance Scope and Sequence for Pupil Services
Overarching Goal of the Curricular Area: Students will be able to effectively understand and apply healthy, social, emotional, behavioral, and academic skills in their lives.

2nd Grade Guidance

Unit Theme	Unit Goal	Enduring Understandings for the Unit	Essential Questions for the Unit
SKILLS FOR LEARNING	<p>Students will be able to listen, focus attention, follow directions, and stay on task.</p> <p>Students will be able to identify what assertive communication means.</p>	<p>Students will understand that utilizing skills for learning helps everyone learn.</p> <p>Students will understand that the more they practice their skills for learning, the better they will be at them.</p> <p>Students will understand that being assertive is the best way to communicate.</p>	<p>What would happen if students didn't have skills for learning?</p> <p>What does being assertive look like?</p>
EMPATHY	<p>Students will be able to identify their own feelings and recognize feelings in others.</p> <p>Students will be able to know what empathy means.</p>	<p>Students will understand if they can name their own feelings, it will help them figure out how other people feel.</p> <p>Students will understand that verbal and non-verbal clues can help them identify others' feelings.</p> <p>Students will understand that empathy means feeling and understanding how someone else is feeling.</p>	<p>Why is it important to notice how others are feeling?</p> <p>What does it mean to have empathy?</p>
EMOTION MANAGEMENT	<p>Students will be able to use the physical clues in their body to identify feelings.</p> <p>Students will be able to use a variety of calming down strategies.</p>	<p>Students will understand that they can start to predict their feelings by noticing changes in their bodies.</p> <p>Students will understand that strong feelings need to be managed.</p> <p>Students will understand that they can calm down by using positive self-talk, belly breathing, naming their feeling, and counting.</p>	<p>What clues can you notice in your body when your emotions change?</p> <p>What are some calming down strategies that you can use?</p>
PROBLEM SOLVING	<p>Students will be able to use the problem solving steps independently.</p> <p>Students will be able to use the problem solving steps in a respectful way.</p>	<p>Students will understand how to use the problem solving steps on their own.</p> <p>Students will understand that stating a problem without blame and having safe and respectful solutions to a problem is most helpful.</p>	<p>What are some examples of situations that you think you could use the problem solving steps on your own?</p> <p>How can you state a problem without blame?</p>

<p>BULLYING</p>	<p>Students will be able to use safe and respectful actions.</p> <p>Students will be able to report bullying behavior to an adult.</p> <p>Students will be able to define what it means to be a bystander.</p>	<p>Students will understand that safe and respectful behaviors help everyone learn and get along with others.</p> <p>Students will understand there is a difference between tattling and reporting.</p> <p>Students will understand what a bystander can do in a bullying situation.</p>	<p>How does showing safe and respectful behaviors help you get along with others?</p> <p>What are some examples of bullying behavior?</p> <p>What can a bystander do in a bullying situation?</p>
-----------------	--	--	---

Lake Mills School District

Year at a Glance Scope and Sequence for Pupil Services

Overarching Goal of the Curricular Area: Students will be able to effectively understand and apply healthy, social, emotional, behavioral, and academic skills in their lives.

3rd Grade Guidance

Unit Theme	Unit Goal	Enduring Understandings for the Unit	Essential Questions for the Unit
SKILLS FOR LEARNING	<p>Students will be able to use assertive communication with others.</p> <p>Students will be able to make plans to help them learn better.</p>	<p>Students will understand that using assertive communication is beneficial in multiple settings.</p> <p>Students will understand that a plan should make sense, be simple, and be doable.</p>	<p>Why is being assertive the best way to communicate?</p> <p>How does having a plan help you to learn?</p>
EMPATHY	<p>Students will be able to identify others' feelings and how they may differ from their own.</p> <p>Students will be able to see how they can show empathy to others.</p>	<p>Students will understand that others have different feelings and perspectives.</p> <p>Students will understand how to accept others' differences in a respectful way.</p> <p>Students will understand how to show empathy to others.</p>	<p>What if we couldn't understand how others are feeling?</p> <p>How can you show empathy to others?</p>
EMOTION MANAGEMENT	<p>Students will be able to recognize the feelings in their bodies and start to control their emotions.</p> <p>Students will be able to use calming down strategies so they are able to solve problems.</p>	<p>Students will understand that the earlier they recognize how they feel, the more likely they are to stay in control of that emotion.</p> <p>Students will understand that they can use calming down strategies to feel better and solve problems.</p>	<p>How can understanding your feelings help you stay in control?</p> <p>What would happen if we couldn't control our emotions?</p>
PROBLEM SOLVING	<p>Students will be able to see the potential consequences of their possible solutions.</p> <p>Students will be able to use their assertive communication skills to handle peer pressure.</p>	<p>Students will understand that solutions can have positive and negative consequences.</p> <p>Students will understand that understanding that being assertive can help them resist peer pressure.</p>	<p>Why is it important to think of possible consequences?</p> <p>Why is being assertive helpful in resisting negative peer pressure?</p>
BULLYING	<p>Students will be able to report bullying appropriately.</p>	<p>Students will understand when and how to report bullying to an adult.</p> <p>Students will understand how being assertive helps them stand up to bullying.</p>	<p>What can you do if you need help from an adult in a bullying situation?</p>

	Students will be able to assertively stand up to bullying.		How does being assertive help you stand up to bullying?
--	--	--	---

Lake Mills School District

Year at a Glance Scope and Sequence for Pupil Services

Overarching Goal of the Curricular Area: Students will be able to effectively understand and apply healthy, social, emotional, behavioral, and academic skills in their lives.

4th Grade Guidance

Unit Theme	Unit Goal	Enduring Understandings for the Unit	Essential Questions for the Unit
COMMUNICATION SKILLS	<p>Students will be able to identify the differences between passive, aggressive, and assertive communication.</p> <p>Students will be able to participate in conversation and effectively join in activities with others.</p>	<p>Students will understand the differences between the communication styles.</p> <p>Students will understand that having successful conversations with peers helps them make and build friendships.</p>	<p>How can these communications styles impact friendship-making?</p> <p>Why are friendships important?</p>
EMPATHY	<p>Students will be able to respect similarities and differences, understand complex feelings, and understand different perspectives.</p> <p>Students will be able to see that using empathy with others can grow friendships.</p>	<p>Students will understand that people can have similar or different feelings and perspectives about the same situation.</p> <p>Students will understand that having respect and empathy helps them get along with others.</p>	<p>Why do we have different perspectives and feelings from others?</p> <p>How does empathy help us get along with each other?</p>
EMOTION MANAGEMENT	<p>Students will be able to see how their emotion responses affect their environment.</p> <p>Students will be able to know the importance of managing their emotions.</p>	<p>Students will understand that staying in control of their emotions and actions helps them get along with others and be successful at school.</p> <p>Students will understand that managing strong emotions effectively will help them avoid negative consequences.</p>	<p>How can managing strong emotions help you get along with others?</p> <p>How can managing strong emotions help you avoid negative consequences?</p>
PROBLEM SOLVING	<p>Students will be able to solve problems and take responsibility for their actions.</p> <p>Students will be able to identify strategies for managing peer pressure.</p>	<p>Students will understand that taking responsibility for their actions is the right thing to do.</p> <p>Students will understand the importance of resisting peer pressure.</p>	<p>Why is taking responsibility important?</p> <p>What would happen if we always did what other people told us to do?</p>

<p>BULLYING</p>	<p>Students will be able to use words and actions that are respectful and responsible.</p> <p>Students will be able to recognize the difference between bullying and conflict.</p> <p>Students will be able to use assertiveness skills to stand up to bullying and recognize when they need more help.</p> <p>Students will be able to identify ways they can be a helpful bystander.</p>	<p>Students will understand that the first step in a safe environment is that they are respectful and responsible.</p> <p>Students will understand that there is a difference between a conflict and bullying.</p> <p>Students will understand that being assertive in a bullying situation is the first step in trying to get it to stop.</p> <p>Students will understand the importance of being a bystander in a bullying situation.</p>	<p>What do you see as a difference between a conflict bullying?</p> <p>What could you do as a bystander in a bullying situation?</p>
-----------------	--	---	--

Lake Mills School District

Year at a Glance Scope and Sequence for Pupil Services

Overarching Goal of the Curricular Area: Students will be able to effectively understand and apply healthy, social, emotional, behavioral, and academic skills in their lives.

5th Grade Guidance

Unit Theme	Unit Goal	Enduring Understandings for the Unit	Essential Questions for the Unit
INTRODUCTION TO GUIDANCE	Students will be able to explore relationships within their classroom and will experience communication and team building activities.	<p>Students will understand that communication is a vital element to an effective classroom.</p> <p>Students will understand that building relationships with their classmates will create a safe learning environment.</p>	<p>What is team building?</p> <p>Why is team building an essential life skill?</p> <p>How do communication skills contribute to team effectiveness?</p>
SCHOOL SUCCESS	<p>Students will be able to evaluate their organizational skills and study habits.</p> <p>Students will be able to identify their academic learning style.</p>	<p>Students will understand the importance of organization and how it affects their learning.</p> <p>Students will understand how self-reflection is key to learning oneself. Students will understand that individuals learn differently.</p> <p>Students will understand that all learning styles are equally important.</p>	<p>How does preparation, organization, and good study habits affect you as a learner?</p> <p>Why is it important for you to establish healthy academic habits?</p> <p>Why don't we all learn the same way?</p> <p>How does your learning style change over time?</p>
BULLYING	<p>Students will be able to define various bullying behaviors and will be able to apply their knowledge to accurately report cases of bullying.</p> <p>Students will be able to help others cope and advocate for the bullying behaviors to stop.</p> <p>Students will be able to understand where bullying behavior comes from and</p>	<p>Students will understand that the term 'bullying' is different than a conflict or argument with a peer.</p> <p>Students will be able to understand that each bullying behavior can hurt or harm others in all aspects of their life.</p> <p>Students will be able to understand the reasoning for bullying behavior and will be able to avoid situations that put them in vulnerable situations.</p> <p>Students will understand that those who bully will be held accountable for their</p>	<p>What is the difference between teasing and bullying?</p> <p>What is the difference between physical, verbal, and relational bullying?</p> <p>What influences an individual to bully someone else?</p> <p>How can I help make our school safe?</p>

	<p>understand the consequences of bullying behavior.</p>	<p>own actions and the school will become a safer place to learn.</p>	
<p>EMPATHY</p>	<p>Students will be able to evaluate their own empathy skills.</p> <p>Students will be able to evaluate their own active- listening skills.</p> <p>Students will be able to demonstrate the differences between passive, aggressive, and assertive behavior.</p> <p>Students will learn the importance of predicting feelings and will be able to state the cause and effects of a given situation.</p>	<p>Students will understand that some individuals may need more support than others in times of need.</p> <p>Students will understand that active listening can be challenging, but is a vital tool to become a successful learner.</p> <p>Students will understand that their actions can sometimes speak louder than words.</p> <p>Students will understand that predicting the feelings of others can strengthen their relationship with them.</p>	<p>What does it mean to put yourself in someone else's shoes?</p> <p>What impact does active listening have?</p> <p>What does it mean to be assertive?</p> <p>What makes predicting others' feelings so important?</p>
<p>EMOTION MANAGEMENT</p>	<p>Students will be able to identify anxiety and how to manage it.</p> <p>Students will be able to identify what triggers their frustration.</p>	<p>Students will understand that managing their anxiety effectively makes it easier to focus and succeed in social and academic situations.</p> <p>Students will understand how frustration can easily take over their emotions.</p>	<p>What is anxiety and how does it affect you?</p> <p>How can students manage their frustration in a safe and healthy way?</p>
<p>PROBLEM SOLVING</p>	<p>Students will be able to explore decision making steps while analyzing the pros and cons for complex problems.</p> <p>Students will be able to use healthy strategies to cope with peer pressure.</p>	<p>Students will understand that some problems are more manageable than others.</p>	<p>When would you need to seek help from a trusted adult for a problem?</p> <p>What influences you when making decisions and how do you know you made the right choice?</p>
<p>CAREER EXPLORATION</p>	<p>Students will be able to understand their strengths, challenges, and their personal multiple intelligence score.</p> <p>Students will be able to explore careers that match their work values.</p> <p>Students will be able to develop a resume.</p>	<p>Students will understand that knowing oneself is crucial in identifying a career.</p> <p>Students will understand that they have a choice in deciding on a career path that matches their interests and values.</p> <p>Students will understand that a resume is a vital tool in applying for their future career.</p>	<p>Who am I and what makes me unique?</p> <p>How do you choose the career path that's right for you?</p> <p>What is the importance of a resume?</p>