

LAKE MILLS AREA SCHOOL DISTRICT

Dear Parent or Guardian,

Your student is being sent home due to illness (Symptoms/condition is Checked). We ask that you please keep the school informed of illness-related absences and/or COVID-19 diagnosis or exposure, so that we can properly contact trace. Please contact the School Office for any questions at:

LMES: 920-648-2338, EXT. 403, LMMS 920-648-2358, ext. 209, and LMHS 920-648-2355, ext. 302

Problem	Symptoms and conditions	Immediate Procedure	Return to School Actions
Any ONE of the following:			
	Fever of 100.4 F	Call Health Care Provider for guidance for Covid/Influenza testing. Student should remain home/will be sent home from school for 3 days. Students will have access to lessons via Google Classroom (Gr. 5-12) or Seesaw (Gr. 4K-4). Complete when feeling well. If symptoms persist or worsen during 3 days, see a medical provider. Students will have access to lessons via Google Classroom (Gr. 5-12) or Seesaw (Gr. 4K-4).	<ul style="list-style-type: none"> • “Immediate Procedure” column is complete, and • 24 hours fever-free without the use of medication, • And 24 hours since last intestinal episode (able to eat a regular meal), • additional symptoms (congestion, cough) are improving.
	Cough, shortness of breath or difficulty breathing		
	New loss of smell or taste		
	Diarrhea		
	Nausea or vomiting		
Any TWO of the following:			
	Fatigue	Call Health Care Provider for guidance on testing for Covid/Influenza/strep throat. Student should remain home/will be sent home from school for 3 days. Students will have access to lessons via Google Classroom (Gr. 5-12) or Seesaw (Gr. 4K-4). If symptoms persist or worsen during 3 days, see a medical provider. Students will have access to lessons via Google Classroom (Gr. 5-12) or Seesaw (Gr. 4K-4).	<ul style="list-style-type: none"> • “Immediate Procedure” column is complete, and • 24 hours fever-free without the use of medication, and • additional symptoms (congestion, cough) are improving.
	Muscle or body aches		
	Headache		
	Sore throat		
	Congestion or runny nose		
Other Conditions:			
	Confirmed non-COVID viral infectious disease, Ex: influenza or rhinovirus	Call Health Care Provider for guidance for Covid/Influenza testing. Student should remain home/will be sent home from school for 3 days. Students will have access to lessons via Google Classroom (Gr. 5-12) or Seesaw (Gr. 4K-4).	Student may return once 24 hours fever-free without the use of medication and if cough and other symptoms are improving.

Problem	Symptoms and Conditions	Immediate Procedure	Return to School Actions
	Contagious infections requiring antibiotic treatment, Ex: Strep throat or pink eye	<p>Call Health Care Provider for guidance on Covid/Influenza/Strep testing.</p> <p>Student should remain home/will be sent home from school. Students will have access to lessons via Google Classroom (Gr. 5-12) or Seesaw (Gr. 4K-4).</p> <p>Call Health Care Provider for guidance on Covid/Influenza/Strep testing.</p>	<p>After the first 24 hours of various antibiotic treatments for contagious infections (i.e. strep throat, pink eye, etc.):</p> <ul style="list-style-type: none"> • symptoms must be improving, and • fever-free for 24 hours without the use of medication. • Provide a health care provider's note to confirm student may return to school.
	Undiagnosed, new, and/or untreated skin rash or condition	Student should remain home/will be sent home from school. Call Health Care Provider for guidance/diagnosis.	Provide a health care provider's note to confirm student may return to school.
	Health Care Provider's note requiring an individualized plan of care to stay home due to medical concerns.	Student should remain home from school, and virtual instruction will be initiated based on provider recommendations.	Provide a health care provider's note to confirm student should stay home due to medical concerns.

COVID-19 Specific Instructions

Problem	Situation	Action
	Student is identified as a close contact to a positive COVID-19 case	<p>Student must quarantine (stay home) and monitor symptoms for 14 days. Call your health-care provider for specific guidance on COVID testing. Students should access lessons via Google Classroom (Gr. 5-12) or Seesaw (Gr. 4K-4).</p> <p>A negative test during this period does not negate the 14-day quarantine. The student will be permitted back in school after the 14-day period if not presenting symptoms.</p>
	<p>Student is identified as a close contact and presenting with COVID-19 symptoms (any one):</p> <ul style="list-style-type: none"> • Temperature 100.4 for greater, chills • Cough, shortness of breath or difficulty breathing • New loss of taste or smell • Nausea, vomiting, diarrhea <p>Or two of the following:</p> <ul style="list-style-type: none"> • Sore throat • Muscle/body or headache 	<p>Please contact Health Care Provider and seek advice on testing student for COVID-19/Influenza.</p> <p>If you choose not to be tested for COVID-19, student must still quarantine for 14 days. Return to school when:</p> <ul style="list-style-type: none"> • Ten (10) days have passed after onset of symptoms, and • fever-free for 24 hours without the use of medication, and • other symptoms improve.

	<ul style="list-style-type: none"> • Fatigue or extreme tiredness • Congestion or runny nose 	
	If a sibling or parent test positive for COVID-19	All family members should self-quarantine for 14 days.
	If tested and <u>NEGATIVE</u> for COVID-19	<p>Please remain home until 24 hours symptom-free without the use of medication. Contact Health Care Provider if symptoms worsen, remain home.</p> <p>Students should access lessons via Google Classroom (Gr. 5-12) or Seesaw (Gr. 4K-4).</p>
	If tested and <u>POSITIVE</u> for COVID-19	<p>Student must stay home for at least 10 days after onset of symptoms and return only when fever-free for 24 hours without the use of medication, and other symptoms improved. Contact Health Care Provider if symptoms worsen and remain home.</p> <p>Students should access lessons via Google Classroom (Gr. 5-12) or Seesaw (Gr. 4K-4).</p> <p>Provide note from doctor or county health department stating return date. Students may return to school when:</p> <ul style="list-style-type: none"> • Ten (10) days have passed after onset of symptoms, and • fever-free for 24 hours without the use of medication, and • other symptoms improve.

Jefferson County Health Department: Guidance for School Districts on Addressing the Spread of COVID-19 updated 9.3.2020

CDC Symptom checker <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>: